

Ice Cream in a Baggie Recipe



For each person, put into a sandwich (pint-size) baggie:

1/2 cup whole milk or light cream

3 Teaspoons sugar

1/4 teaspoon vanilla extract

Seal bags shut. (You might reinforce the zip closure with masking tape).

In a gallon-size baggie, put approximately **2 cups of ice cubes** so the bag is about 1/2 full.

Add approximately **6 tablespoons of rock salt**.

Place the sealed, pint-size baggie into the gallon-size baggie and shake for 5 - 10 minutes or longer, until the ice cream forms. (For young children, you might provide gloves to insulate their hands from the cold.)

To serve, clean the salt off the small baggie then either scoop the ice cream out or cut off one corner of the pint-sized baggie so the kids can squeeze the ice cream out, right into their mouths!



This is just one of more than 4,300 terrific entries in the searchable Teachers.Net Lessons Bank <http://teachers.net/lessons/>